The study was conducted in 2021 to examine the business practices of the beneficiaries of the Women Development Fund (WDF) in Iringa District Council, Tanzania. The study adopted a cross-sectional research design where checklists and semi-structured questionnaires were used to gather information from a sample size of 100 respondents who were beneficiaries of WDF. The respondents involved in the study were randomly selected from the study population. Descriptive analysis was used to analyze quantitative information using Statistical Package for Social Sciences (SPSS, 20.0) computer software. Thematic analysis was used to analyze qualitative data collected from the key-informants. The study findings showed that beneficiaries of WDF in the study area are operating their business with low start-up capital, inadequate technical and managerial skills, lack of business premises, operating unregistered business activities, low savings, and poor record keeping of their business activities. The study recommends to the Local Government Authority...
LGA) to provide a friendly business environment for beneficiaries of WDF to undertake business activities by providing technical and managerial skills that will enable them to have the ability to manage their undertakings successfully.

Keywords: Business practices; beneficiaries; women development fund.

1. INTRODUCTION

Worldwide, women are making up nearly half of the world's population. It is estimated by the United Nations that the world population hit the 7.5 billion mark in 2017 of which the proportions of women and men were 3.71 (49.5%) and 3.78 (50.5%) billion respectively [1]. Women represent over 70% of the world's poor population due to unequal access to economic opportunities in both developed and developing countries [2]. According to the World's Women report 2015, nearly two-thirds of the world's illiterate adults are women, a proportion that has remained stubbornly unchanged for the past 20 years [3]. The report also revealed that women as social strata, work more than men in unpaid work such as household chores and caring for children. They work longer hours than men with an average of 30 minutes a day longer in developed countries and 50 minutes in developing countries. Different organizations in Tanzania have been involved in the empowerment of women throughout the country. Such organizations include but are not limited to: the Federation of Association of Women Entrepreneurs in Tanzania (FAWETA), the Tanzania Women Lawyers' Association (TAWLA), the Women's Legal Aid Centre (WLAC), Women Research and Documentation Project Association (WRDP), Women's Legal Aid Centre (WLAC), Tanzania Media Women's Association (TAMWA), Tanzania Gender Networking Programme (TGNP), Tanzania Business Women Association (TBWA), the Tanzania Association of Women Leaders in Agriculture and Environment (TAWLAE) and Tanzania Women Development Foundations (TWDF). These organizations were established to promote amongst other things enhancement of women's legal capacity; economic empowerment of women and poverty eradication; women's political empowerment and decision making and women’s access to education, training, and employment.

The Government of Tanzania's concern and obligation in improving the status of women is cherished in various policy documents such as the formulation of the National Micro-Finance Policy [4], the Rural Development Strategy (2001), Small and Medium Enterprise Development Strategy [5] and the Trade Policy [6], all of which have been formulated with a gender perspective. There are also several specific community-based programs which have been established by the government to address poverty such as the Tanzania Social Action Fund (TASAF), Social Action Trust Fund (SATF), Community Social Development Programme (CSDP), Primary Education Development Programme (PEDP), Women Development Fund (WDF) with components addressing specific vulnerable groups with an intention of improving the quality of life of the people. One of the main ways through which these strategies empower women economically is through Women Groups (WGs). The groups aim at building capacity to help the members to undertake economic activities that have a direct impact on their welfare. In the group, women have been helped in their capabilities in meeting the challenges of being a provider for their family's welfare. In fact, UNICEF [7] asserted that the WGs were potentially the most significant participants in efforts to reduce maternal and child deaths. Despite all these initiatives undertaken by the Government to empower women through established economic groups, most of the business activities of women's groups are underdeveloped and are not progressing as expected. It is the aim of this study, therefore, to examine the business practices of the beneficiaries of WDF by using the beneficiaries of the WDF of Iringa Municipal Council, Tanzania.

2. METHODOLOGY

2.1 The Study Area

This study was conducted in Iringa Municipal Council, Iringa Region, Tanzania in 2021. The council is one among the five councils forming the Iringa Region that lies between Latitudes 7° South of the Equator and Longitudes 35° East of the Greenwich Meridian. Its altitude is between 1560 and 2000 meters above sea level.
According to the Population and Housing Census [8], the council has a total population of 160,800 of which males are 76,426 and females are 84,374 and it covers an area of 331.4 Square Kilometers (URT, 2013). The reason for the selection of the district was that the council is one of the districts of the Iringa region that put aside 5% of its source of revenue per annum for Women's Development Funds (URT, 2015). Likewise, the area was selected due to the evidence that less than half of the newly established women-funded groups collapsed a year after being funded by the WDF of the Iringa Municipal Council.

2.2 Study Methodology

The population for this study consisted of women who were the members of the women's groups and undertaking economic activities funded by WDF in 5 wards of Iringa Municipal Council. A cross-sectional research design was used in a study in which data from respondents was collected at a single point in time. Participants of FGDs were random selected from five selected wards of Iringa Municipal Council. The wards involved in the study include Kitanzini, Makorongoni, Ilala, Mlandege, and Mivinjeni. In each ward, 5 women-funded groups were selected in which 4 respondents were randomly selected from each women group to give a total of 100 respondents. The semi-structured questionnaire and checklists were used to collect information from the selected respondents in this study. The semi-structured questionnaire and checklists were used to collect information from the selected respondents in this study. Semi-structured questionnaires were used for women who were members of economic groups funded by WDF in which open and closed-ended questions were used. On the other hand, the checklist was employed to guide discussion with 3 key informants (community development officers). Data collected from the respondents were cleaned, coded, and descriptively analyzed using Statistical Package for Social Solution (SPSS) computer software to give frequencies and percentages, and then cross-tabulation was undertaken. Cross tabulations were performed to determine associations between variables such as demographic variables of the respondents and income record keeping by the respondents. The Chi-square test was used to determine the association between some variables recorded at the nominal level. Multiple response questions were also analyzed to give frequencies and percentages.

3. RESULTS AND DISCUSSION

3.1 Demographic Characteristics of the Respondents

Demographic characteristics of the respondents covered by the study include age, marital status, and education level. Age is an important demographic variable and is the primary basis of demographic classification in vital statistics, censuses, and surveys (URT, 2015). The results presented in Table 1 show that the majority (52%) of the respondents involved in the study belonged to the age group of 31-45 years. On the other hand, 31% of the respondents interviewed were of the age group of 45 years old and above. On the other hand, most (54%) of the respondents interviewed were married, and about (46%) of respondents interviewed were either by never being married or widowed, divorced and separated from their husbands. Education is a resource in women's hands which results in a range of positive outcomes for human capital and capabilities [9]. Respondents were asked to state their level of education attained. Most (60%) of the respondents interviewed had a primary level of education and, about 23% of the respondents interviewed had a secondary education level. Only a few 8% and 9% of the respondents had informal and post-secondary education respectively.

<table>
<thead>
<tr>
<th>Age (yrs)</th>
<th>Frequency (N=100)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 – 30</td>
<td>17</td>
<td>17.00</td>
</tr>
<tr>
<td>31 – 45</td>
<td>52</td>
<td>52.00</td>
</tr>
<tr>
<td>46 and Above</td>
<td>31</td>
<td>31.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Marital status</th>
<th>Frequency (N=100)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Married</td>
<td>54</td>
<td>54.00</td>
</tr>
<tr>
<td>Never married</td>
<td>27</td>
<td>27.00</td>
</tr>
<tr>
<td>Divorced</td>
<td>4</td>
<td>4.00</td>
</tr>
</tbody>
</table>

Table 1. Demographic characteristics of the respondents (N = 100)
### 3.2 Respondents’ Economic Activities in the Study Area

The major economic activities undertaken by the respondents in the study area included farming, animal keeping, petty trade, poultry keeping, grocery, and retail shop business. Findings show that the majority (80%) of respondents were undertaking petty trade which included selling second-hand clothes, food vending, selling agriculture-related products, fried fish, local brew, doughnuts/half-cake, charcoal, and firewood, tailoring activities, and batik-making, while (6%) of the respondents who interviewed are working on retail shop business. On the other hand, about 5% and 4% of the respondents interviewed were engaging in grocery and animal-keeping activities respectively in the study area. A few (3%) and (2%) of interviewed respondents mentioned farming and poultry as their main economic activities. The concentration of respondents in one type of economic activity may be attributed to the fact that most of the respondents entered into a business venture without having the necessary skills and knowledge of entrepreneurship. The small capital used to establish economic activities attracted more respondents to concentrate on similar income-generating activities and left them operating in a very competitive market. These findings are supported by Ahmed et al. [10] who identified that small start-up capital for investment used by most women entrepreneurs to establish economic activities is the major cause for most women being concentrated in one type of economic activity.

### 3.3 Reasons for Undertaking Economic Activities and Sources of Idea

#### 3.3.1 Reasons for undertaking economic activities

Respondents in the study area were asked to state the push factors for undertaking economic activities. The findings from multiple responses analysis revealed that most (35%) of the interviewed respondents had started IGAs to support their husbands in meeting their family needs (Table 2). Others, 31% of the respondents had established economic activities to have the ability to support their relatives. Likewise, 25% of the respondents interviewed had reported the desire to reduce dependence on their husbands as the reason for their desire to join economic activities in the study area. The rest (9%) of respondents interviewed were reported to establish economic activities in order to achieve higher status in the family. As noted by Idris [11] that in some places in urban areas of Africa, there was a strong attraction for women towards joining informal economic activities, where the earnings generated from their economic activities were taken to be theirs, whereas earnings from husband activities belong to the whole family. These findings are similar to what was reported by Phillipo & Nzali [12] who in their study on the contribution of women's IGAs to household income in Kigoma Urban, they found that women's economic activities had been playing a greater role in sustaining their household expenditures for meeting home consumption and development issues like buying family food, clothes, health services, education expenses for children, houses construction, and as working capital in some other cases. These findings were justified by one married woman at Mlandege ward who stated that:

Before, our household had a scarcity of basic needs. We had a shortage of money for buying food, paying school fees, and health expenses. But now my household eats properly and systematically and there is no worry about food shortage again, and we can pay for school fees. Even my husband acknowledges this. He does not raise his hand anymore to me. Before he used to hit me (A woman aged 40).
Table 2. Economic Activities performed by Women Funded Groups

<table>
<thead>
<tr>
<th>Women economic activities</th>
<th>Frequency (n=100)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farming</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Animal keeping</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Petty traders</td>
<td>80</td>
<td>80</td>
</tr>
<tr>
<td>Poultry keeping</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Grocery</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Retail shop business</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100</strong></td>
<td><strong>100</strong></td>
</tr>
</tbody>
</table>

Source: Survey Data, 2021

Table 3. Reasons for economic activities and sources of idea

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Responses (n=258)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Reasons for starting economic activities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Support their husbands on family needs</td>
<td>90</td>
<td>35</td>
</tr>
<tr>
<td>Reduce dependence on their husbands</td>
<td>64</td>
<td>25</td>
</tr>
<tr>
<td>Increase ability to support their relative</td>
<td>80</td>
<td>31</td>
</tr>
<tr>
<td>Achieve higher status in the family</td>
<td>24</td>
<td>9</td>
</tr>
<tr>
<td><strong>Sources of idea on the selection of economic activities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Husbands</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>Friends</td>
<td>22</td>
<td>22</td>
</tr>
<tr>
<td>Relatives</td>
<td>32</td>
<td>32</td>
</tr>
<tr>
<td>Group members</td>
<td>30</td>
<td>30</td>
</tr>
</tbody>
</table>

* Some of the respondents gave more than one answer categories, number of cases will not necessarily add to 100 (data set was based on multiple responses

Source: Survey Data, 2021

3.3.2 Sources of idea for selection of economic activities

Respondents were asked to state the source of ideas for the selection of economic activities in the study area. Most (32%) of the respondents interviewed reported relatives to be the source of idea for the selection of types economic activities which are currently undertaking. About 30% of the respondents reported to obtain business idea from members in the group their belonging. The rest, (22%) and (16%) of the respondents interviewed in the study area, their selection of economic activities were influenced by friends and their husbands respectively. The findings show that respondents’ relatives played an importance role on providing idea for selection of economic activities undertaken by respondents in the study area. These findings from the study depicts what that found by Jamal [13] who found that, most women in business activities had been venturing into the industry not because of the internal call but rather because of failing to get collar job and push from their relatives. This was vividly illustrated in informal conversation with one unmarried woman at Makorongoni ward who stipulated that:

My dream was to be employed as a teacher after completion my studies, but after not being selected for secondary school my last resort was to establish economic activities so as to meet my basic needs for me and my family after being advised by my Aunt (Unmarried woman aged 39)

3.4 Record Keeping and Savings from Economic Activities Undertaken by Respondents

3.4.1 Association between respondents’ characteristics and record keepings

Economic activities record keeping gives valuable information on the current performance and the changes that occurred. The study findings show that the majority (67%) of the respondents interviewed in the study area did not keep records of their economic activities (Table 3). Reasons frequently mentioned by the respondents included a lack of skills in bookkeeping, the small size of their undertakings, and the ability to read and write. The chi-square test was analyzed to assess if there was any relationship between business record keeping and respondents’ demographic
characteristics. The findings show that the age and education levels of respondents had a significant relationship with record keeping (P<0.05). Nevertheless, the findings show that there was no significant relationship between the marital status of the respondents and record keeping (P>0.05). Thus, being married or single did not seem to influence the record-keeping of the respondents. Consequently, the study findings revealed that respondents with formal education were doing better in keeping records of their day-to-day business activities than those with informal education.

On the other hand, the chi-square test was used to assess the existing relationship between the age of the respondents and savings from economic activities. The findings show that there was a significant relationship between the age of respondents and savings (P<0.05). Respondents aged below 45 years were found to do better on savings from their economic activities as compared to the respondents aged above 45 years (Table 4). The possible reason for this discrepancy might be due to the strong desire for youth respondents to accumulate money to raise capital for expansion of their economic activities for a better life in the future. The analysis also found that there was no significant relationship between the marital status of the respondents and saving behavior (P>0.05). This finding implies that being married or single did not influence the savings behavior of the respondents. The finding is not in agreement with what was reported by Kumar & Kalyani [14] who found that women entrepreneurs who were single had a big chance to make savings in their business than married ones and frequency get advice from their family and friends during startup and planning stages which is significantly higher than other social network components, to meet their entrepreneurial goal and business needs. The education level of respondents was found to have a significant relationship with the saving behavior of the respondents (P<0.05). Respondents with formal education were found to be better at savings than those with informal education.

3.5 Business Environment of Beneficiaries of Women Development Fund

Beneficiaries of WDF were asked to explain their business working environment in the study area. In most cases, the performance of business activities depended on the convenient working environment such as business premises, availability of business development services, and favorable government laws and regulations on business activities. The findings in Table 5 show that all (100%) of respondents responses mentioned inadequate capital as an obstacle to the growth of their economic activities. It was reported that the loan obtained from WDF was inadequate and limited to small investments only as the development fund did not provide loans to the group members as per submitted applications. The challenge of inadequate capital among small-scale entrepreneurs in developing countries was also reported by [15,12] who found that lack of trust among group members, short payback period, the high-interest rate on borrowing, a limited size of loan given, and the limited business education as challenges facing women in accessing the loan. The situation of limited capital was testified by one of the group members who explained that:

We applied loan from WDF amounting 3 million and the group members are 10 people. We expected to distribute three hundred thousand to each group member but the Municipal Council gave us one million only; so each group member acquired 100,000/=. It was a big challenge to us (A woman aged 38).

Likewise, most (95%) of the beneficiaries interviewed were doing their business activities without proper business management skills including planning and interpersonal skills as an undertaking their business activities in the study area. Respondents found no project management plan and they ran their activities without proper record keeping and in some cases, no files were kept. The study results also showed that respondents were not fully followed recommended procedures for project formulation which includes project identification, design, planning, implementation, monitoring, and evaluation. This finding is consistent with [12] who found that small entrepreneurs failure to grow because of the obstacles affecting their economic activities performance which included a lack of entrepreneurship skills, and critical factors such as corruption, low demand for products and services.

Furthermore, respondents interviewed reported operating their business activities with inadequate technical skills (76%), unfriendly business regulations, and informal business premises (20%) in the study area.
Table 4. Association between demographic variables of respondents with record keeping and income savings

<table>
<thead>
<tr>
<th>Category</th>
<th>Record keeping</th>
<th></th>
<th></th>
<th>Income savings</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Keep records</td>
<td>Not keep records</td>
<td></td>
<td>Make savings</td>
<td>Not make savings</td>
</tr>
<tr>
<td></td>
<td>F %</td>
<td>F %</td>
<td></td>
<td>F %</td>
<td>F %</td>
<td></td>
</tr>
<tr>
<td>Age of respondent (years)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18 – 45</td>
<td>31</td>
<td>93.9</td>
<td>2.0</td>
<td>6.0</td>
<td>39</td>
<td>95.1</td>
</tr>
<tr>
<td>&gt;45</td>
<td>2</td>
<td>2.9</td>
<td>97.0</td>
<td>16.4</td>
<td>2</td>
<td>6.0</td>
</tr>
<tr>
<td>Marital status</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18 – 45</td>
<td>30</td>
<td>52.6</td>
<td>27.0</td>
<td>47.3</td>
<td>31</td>
<td>93.9</td>
</tr>
<tr>
<td>&gt;45</td>
<td>3</td>
<td>5.2</td>
<td>66.0</td>
<td>94.8</td>
<td>2</td>
<td>6.0</td>
</tr>
<tr>
<td>Education attained</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Formal</td>
<td>31</td>
<td>93.9</td>
<td>2.0</td>
<td>6.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Non formal</td>
<td>2</td>
<td>6.0</td>
<td>63.0</td>
<td>94.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Statistically significant (P &lt; 0.05), statistically not significant (P&gt;0.05)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Table 5. Constraints on respondents’ economic activities funded by WDF

<table>
<thead>
<tr>
<th>Category</th>
<th>Responses (n=381)</th>
<th>Percent (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low start-up capital</td>
<td>100</td>
<td>100</td>
</tr>
<tr>
<td>Traditional and cultural factors</td>
<td>25</td>
<td>25</td>
</tr>
<tr>
<td>Limited managerial skills</td>
<td>95</td>
<td>95</td>
</tr>
<tr>
<td>Lack of business premises</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td>Inadequate technical skills</td>
<td>76</td>
<td>76</td>
</tr>
<tr>
<td>Unfriendly business regulations</td>
<td>65</td>
<td>65</td>
</tr>
</tbody>
</table>

* Some of the respondents gave more than one answer categories, number of cases will not necessarily add to 100 (data set was based on multiple responses

Source: Survey Data, 2021

This finding is consistent with what is reported by ILO (2013) that about 60% of IGAs in the informal sector operate along the streets, particularly so in urban areas where businesses were concentrated in one area. Operating in informal premises makes it difficult to access credit from credit agencies since few lenders extend credit to economic activities that have no fixed premises. Those who mentioned government laws and regulations as an obstacle to the development of their economic activities stressed existing unfriendly licensing procedures which were designed for relatively large enterprises and were therefore beyond the reach of most medium and small-scale entrepreneurs (MSEs), particularly the micro-enterprises which were predominantly owned by women. Other government regulations reported to affect the development of respondents' economic activities include health services payment, daily cleaning services payment, Municipal regulations, corruption, and bureaucracy by various government officials [16]. This study finding on the effects of government regulation is supported by information collected from one key informant who reported that:

High taxation is a mess to our prosperity, whenever we want to make one step ahead, taxation takes us ten steps back. Why do these people impose too many taxes on our small businesses? If high taxation continues it is likely to discourage most people (A woman aged 46).

4. CONCLUSION AND RECOMMENDATIONS

The study concludes that most WDF beneficiaries undertake their business activities with limited start-up financial capital and inadequate business management skills as they are not keeping records and making savings from their business activities. It is also found that most of the beneficiaries in the study area were lacking technical skills in the selection of economic activities, writing of the business proposal, and the ability to evaluate the profits generated from respondents’ economic activities. Furthermore, the study concludes that most of the beneficiaries were running economic activities in areas that were not recognized by relevant government authorities which made it hard for them to be trusted by most financial institutions. On the other hand, beneficiaries of WDF undertaken in the study undertook their business activities under unfriendly business regulations imposed by the government such as the long process for acquisition of a business license. Therefore, the study recommends that LGAs provide Business Development Services that include managerial and technical skills to the beneficiaries of WDF during the entire cycle of business operations. Though this study was delimited to Iringa District Council in Iringa region, it is proposed to make a wider study across the country and to analyze business practices of beneficiaries of WDF in Tanzania.

CONSENT

As per international standard or university standard, respondents’ written consent has been collected and preserved by the author(s).

COMPETING INTERESTS

Author has declared that no competing interests exist.

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